

Jurmala Spa Package treatment menu 2018

Massage

- Back massage 20 min
- Neck zone massage 20 min
- Hand massage 20 min
- Face massage 20 min

Classic SPA menu

- Natural mountain ozokerite and paraffin application 15 min
- Aromatherapy pearl bath with sea salt or oil 20 min
- Stress-away aromatic underwater massage 20 min
- Electrotherapy – magneto therapy; laser therapy; darsonvalisation
- Wellbeing footbath with oil or salt 15 min
- Body detoxification (electrolysis process) 15 min
- Soy candle therapy for hands 15 min
- Crio mask for legs 15 min
- Ultrasound facial treatment 15 min
- Face treatment - enrichment of the skin with active substances by ultrasound
- Hair mask
- Sunlight spot 20 min
- Salt cave 40 min
- Nordic walking sticks rental
- Oxygen cocktail
- Oxygen therapy 15 min.
- Pranamat Eco massage 20 min
- Chargot shower 15 min
- Hydrojet waterbed 20 min
- Presotherapy 20 min